

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ



***sexually
transmitted
Infections
(STI)***

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Sexually Transmitted Diseases



"core populations"

- ***high rates of partner change,***
- ***multiple partners,***
- ***prostitutes and their clients,***
- ***some homosexual men,***
- ***persons involved in the use of illicit drugs, particularly crack cocaine and methamphetamine***

STIs, are most concentrated within "core populations"

- ***syphilis,***
- ***gonorrhea,***
- ***HIV infection,***
- ***hepatitis B,***
- ***chancroid,***

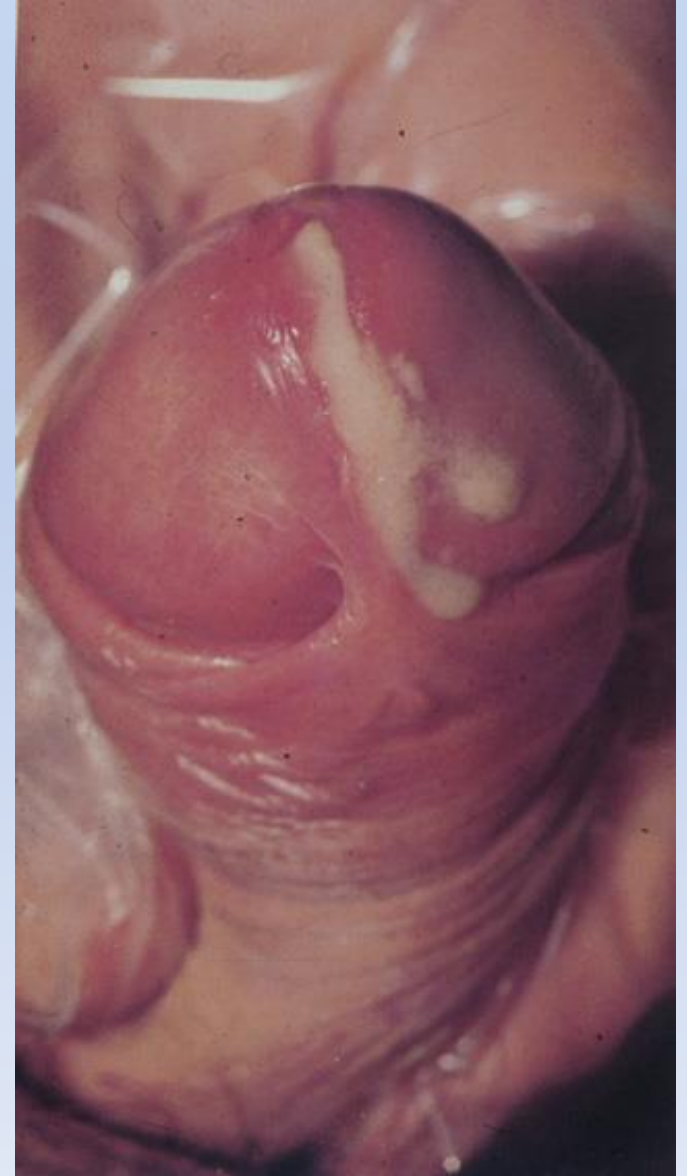
Other STIs are distributed more evenly throughout societies

- ***chlamydial infections,***
- ***genital infections with HPV,***
- ***genital herpes***

Urethritis in Men

Urethritis in men

- ***urethral discharge,***
- ***dysuria,***
without frequency of
urination





Major STD Syndromes and Sexually Transmitted Microbial Etiologies

Syndrome	Microbial Etiologies
<i>Urethritis: males</i>	<i>Neisseria gonorrhoeae, Chlamydia trachomatis, Mycoplasma genitalium, Ureaplasma urealyticum Trichomonas vaginalis, HSV , Adenovirus some anaerobic bacteria, (Leptotrichia/Sneathia) Coliform bacteria</i>

Initial Treatment for Patient and Partners

- *In practice, if Gram's stain **does not reveal gonococci**, urethritis is treated with a regimen effective for **NGU**, such as azithromycin or doxycycline.*
- *The efficacy of azithromycin for treatment of *M. genitalium* is rapidly declining.*
- *Alternatives include moxifloxacin and pristinamycin, (a streptogramin antibiotic available in some countries)*

Initial Treatment for Patient and Partners

- *If gonococci are demonstrated by Gram's stain or if no diagnostic tests are performed, treatment should include*
- ***parenteral cephalosporin** for gonorrhea plus **oral azithromycin**, primarily*

Initial Treatment for Patient and Partners

Treat gonorrhea:	plus	Treat chlamydial infection:
Ceftriaxone, 250 mg IM; or		Azithromycin, 1 g PO; or
Cefixime, 400 mg PO		Doxycycline, 100 mg bid for 7 days

Management of Recurrence

- **If patient was *re-exposed* to untreated or new partner, *repeat treatment* of patient and partner.**
- **If patient was *not re-exposed*, consider infection with *T. vaginalis* or *M. genitalium* or *Ureaplasma*, and an intraurethral swab specimen and a first-voided urine sample should be done**

Management of Recurrence

- ***metronidazole*** or ***tinidazole*** (2 g PO in a single dose) plus
- ***azithromycin*** (1 g PO in a single dose);
- M. genitalium is often resistant to doxycycline and azithromycin but is usually susceptible to moxifloxacin. Until nucleic acid amplification testing for M. genitalium becomes commercially available, **moxifloxacin can be considered for treatment of refractory nongonococcal, nonchlamydial urethritis**

Acute epididymitis

Acute epididymitis

- ***Almost always unilateral,***
- ***produces pain,***
- ***swelling,***
- ***tenderness of the epididymis,***
- ***with or without symptoms or signs of urethritis***



Acute epididymitis

- Must be differentiated from **testicular torsion**,*
- in the second or third decade of life*
 - sudden onset of pain,*
 - elevation of testicle within the scrotal sac,*
 - rotation of the epididymis from a posterior to an anterior position,*
 - absence of blood flow on Doppler examination or ^{99m}Tc scan*

Persistence of symptoms after a course of therapy for epididymitis suggests the possibility of

- ***testicular tumor or***
- ***a chronic granulomatous disease,***
 - ***tuberculosis***
 - ***brucellosis***

Acute epididymitis

Epididymitis	Microbial Etiologies
<ul style="list-style-type: none">• <i>sexually active men under age 35</i>	<i>Chlamydia trachomatis, N. gonorrhoeae</i>
<ol style="list-style-type: none">1) <i>in older men</i>2) <i>following urinary tract instrumentation</i>3) <i>men who have practiced insertive rectal intercourse</i>	<i>Enterobacteriaceae</i>

Epididymitis: Treatment

- ***Ceftriaxone***

(250 mg as a single dose IM)

followed by

- ***Doxycycline***

(100 mg PO twice daily for 10 days)

*effective treatment for epididymitis
caused by *N. gonorrhoeae* or *C.
trachomatis**

Epididymitis: Treatment

- ***Oral cephalosporins & fluoroquinolones are resistance in *N. gonorrhoeae*, especially (but not only) among MSM***
- ***Oral levofloxacin (500 mg once daily for 10 days) is also effective when infection with *Enterobacteriaceae* is suspected; however,***
- ***this regimen should be combined with effective therapy for possible gonococcal or chlamydial infection***

Urethritis
(Urethral Syndrome)
in Women

Cause of urethritis

- ***C. trachomatis,***
- ***N. gonorrhoeae,***
- ***occasionally HSV***

Urethritis

- ***"internal" dysuria***
- ***(without urinary urgency or frequency),***
- ***pyuria,***
- ***absence of Escherichia coli and other uropathogens in urine at counts of 10^2 /mL***

vulvovaginitis

the dysuria associated with

- ✓ *vulvar herpes*
- ✓ *vulvovaginal candidiasis*
- ✓ *Perhaps trichomoniasis)*

is often described as

- ***"external dysuria"***
- *painful contact of urine with the inflamed or ulcerated labia or introitus*

Bacterial cystitis

- *Acute onset,*
- *urinary urgency*
- *urinary frequency,*
- *hematuria,*
- *suprapubic bladder tenderness*

Among dysuric women without signs of vulvovaginitis,

- ***bacterial UTI***

must be differentiated from the

- ***urethral syndrome***

urethral syndrome suggested

- *young age,*
- *more than one current sexual partner,*
- *a new partner within the past month,*
- *a partner with urethritis,*
- *coexisting mucopurulent cervicitis*

From a dysuric woman with pyuria

- ***The finding of a single urinary pathogen, such as *E. coli* >10²/mL in midstream urine indicates probable bacterial UTI,***
- ***whereas <10² ("sterile" pyuria) suggests acute urethral syndrome due to *C. trachomatis* or *N. gonorrhoeae****

VULVOVAGINAL INFECTIONS

***many women having
nonspecific symptoms of vaginal
discharge
that do not correlate with objective
signs of inflammation or with
actual infection***

Abnormal Vaginal Discharge

Abnormally

- ***increased amount***

or

- ***an abnormal odor of the discharge***

Vaginitis

- ***Dysuria***
 - ***External labial or perineal***
- ***Itching***
- ***Discharge***



	<i>Vulvovaginal Candidiasis</i>	<i>Trichomonal Vaginitis</i>	<i>Bacterial Vaginosis</i>
<i>Etiology</i>	<i>Candida albicans</i>	<i>Trichomonas vaginalis</i>	<i>Associated with Gardnerella vaginalis, various anaerobic and/or noncultured bacteria, and mycoplasmas</i>
<i>Consistency</i>	<i>Clumped; adherent plaques</i>	<i>Homogeneous</i>	<i>Homogeneous, low viscosity; uniformly coats vaginal walls</i>

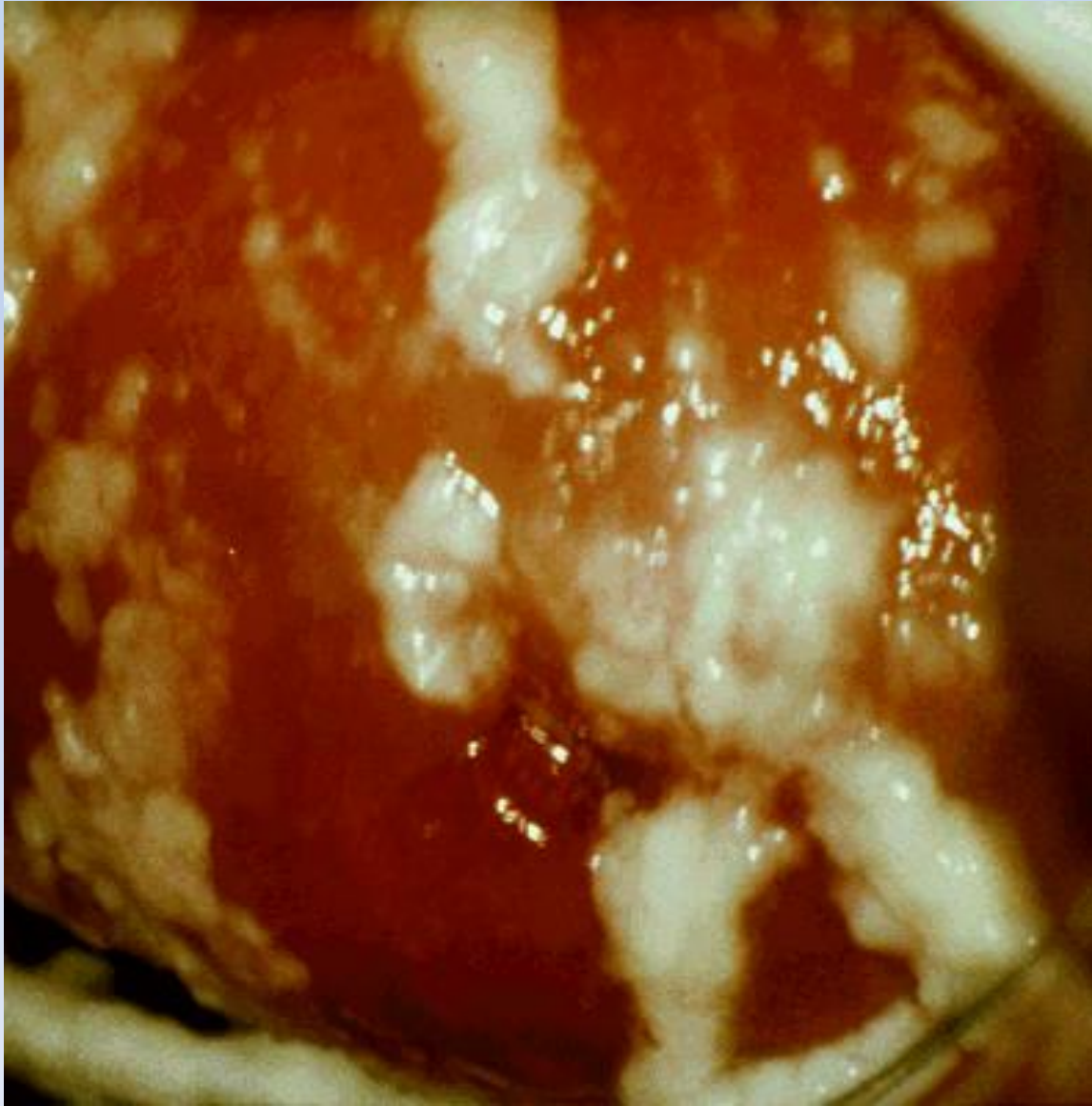
Candidial vaginitis



Candidial vaginitis



Candidial vaginitis

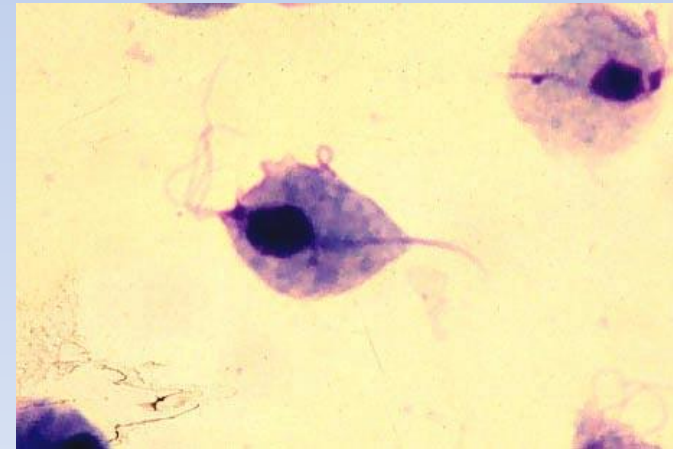




Trichomonas vaginalis

- **profuse, yellow, purulent, homogeneous vaginal discharge**
- **vulvar irritation, with visible inflammation of the vaginal and vulvar epithelium**
- **petechial lesions on the cervix (the so-called strawberry cervix, usually evident only by colposcopy).**
- **The pH of vaginal fluid—normally <4.7 —usually rises to ≥ 5 .**

Trichomonas vaginalis



strawberry cervix



Bacterial vaginosis

- syndrome of complex etiology
- **G. vaginalis**, Mycoplasma hominis, and several **anaerobic bacteria** (e.g., Mobiluncus, Prevotella [formerly Bacteroides], and some Peptostreptococcus species)
- **Atopobium vaginae**, resistant to metronidazole, and recurrent bacterial vaginosis
- **Megasphaera, Leptotrichia, Eggerthella, and Dialister.**

Bacterial vaginosis

- ***vaginal malodor***
- ***increased white discharge, homogeneous, low viscosity, and evenly coats the vaginal mucosa.***

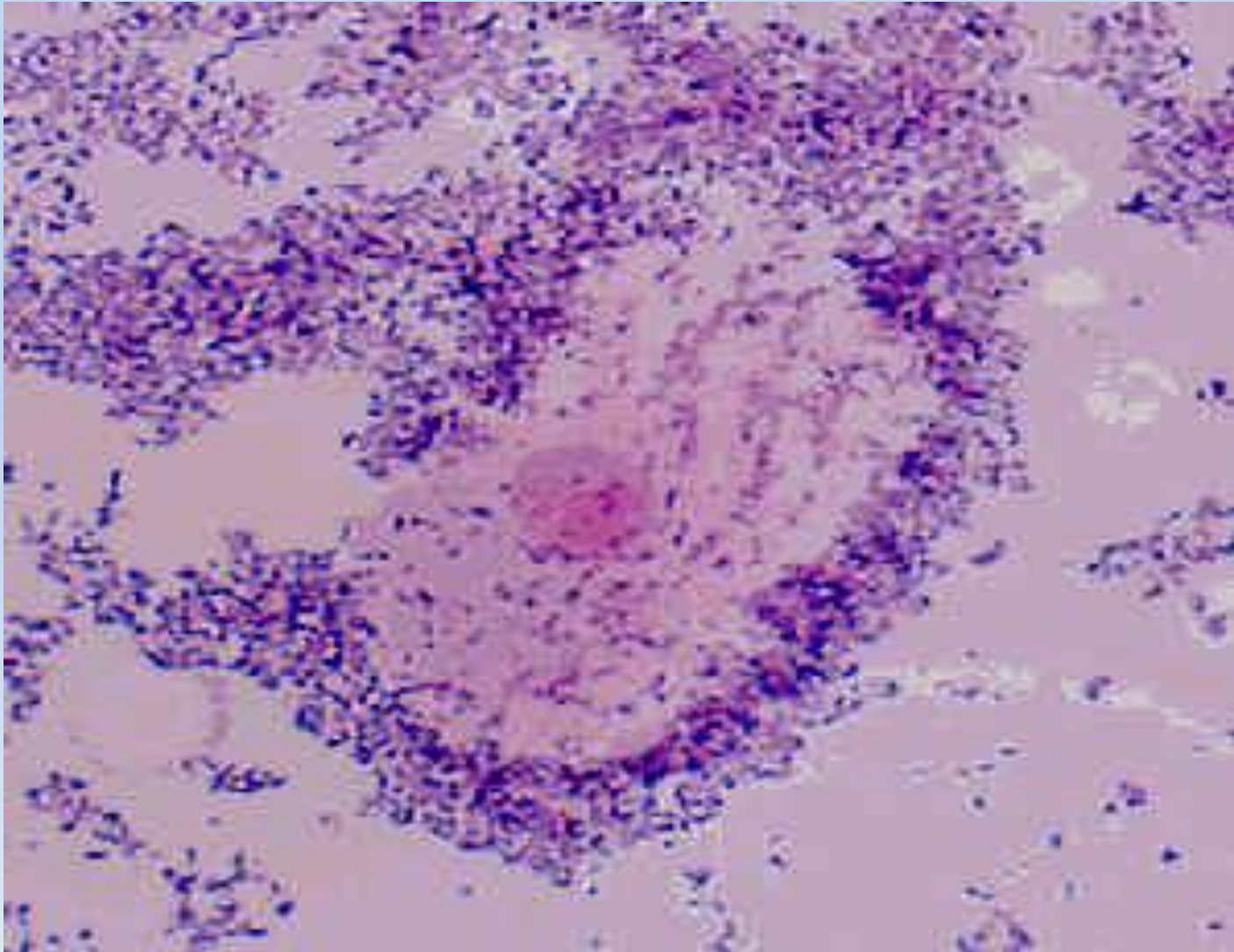
risk factors include

- ✓ ***recent unprotected vaginal intercourse***
- ✓ ***having a female sex partner***
- ✓ ***vaginal douching.***

Bacterial vaginosis

- **Amsel criteria**, three of the following four clinical abnormalities:
- (1) increased white homogeneous vaginal discharge;
- (2) a vaginal discharge pH of >4.5 ;
- (3) liberation of a distinct fishy odor after mixed with a 10% solution of KOH;
- (4) microscopic demonstration of “clue cells”

Bacterial vaginosis (clue cell)



	<i>Vulvovaginal Candidiasis</i>	<i>Trichomonal Vaginitis</i>	<i>Bacterial Vaginosis</i>
<i>Usual treatment</i>	<p><i>Azole cream, tablet, or suppository</i></p> <p><i>clotrimazole 100-mg vaginal tablet, once daily for 7 days</i></p> <p><i>Fluconazole, 150 mg orally (single dose)</i></p>	<p><i>Metronidazole 2 g orally (single dose)</i></p> <p><i>Metronidazole, 500 mg PO bid for 7 days</i></p> <p>Intravaginal treatment with metronidazole gel is not reliable for vaginal trichomoniasis</p>	<p><i>Metronidazole, 500 mg PO bid for 7 days</i></p> <p><i>Clindamycin, 2% cream, one full applicator vaginally each night for 7 days</i></p>

	<i>Vulvovaginal Candidiasis</i>	<i>Trichomonal Vaginitis</i>	<i>Bacterial Vaginosis</i>
<i>Usual treatment</i>	<p><i>Azole cream, tablet, or suppository</i></p> <p><i>clotrimazole 100-mg vaginal tablet, once daily for 7 days</i></p> <p><i>Fluconazole, 150 mg orally (single dose)</i></p>	<p><i>Metronidazole 2 g orally (single dose)</i></p> <p><i>Metronidazole, 500 mg PO bid for 7 days</i></p> <p>Intravaginal treatment with metronidazole gel is not reliable for vaginal trichomoniasis</p>	<p><i>Metronidazole, 500 mg PO bid for 7 days</i></p> <p><i>Clindamycin, 2% cream, one full applicator vaginally each night for 7 days</i></p>

	<i>Vulvovaginal Candidiasis</i>	<i>Trichomonal Vaginitis</i>	<i>Bacterial Vaginosis</i>
<i>Usual management of sexual partner</i>	<i>None; topical treatment if candidal dermatitis of penis is detected</i>	<i>Examination for STD; treatment with metronidazole, 2 g PO (single dose)</i> Intravaginal treatment with metronidazole gel is not reliable for vaginal trichomoniasis	<i>Examination for STD; no treatment if normal</i>

Other Causes of Vaginal Discharge or Vaginitis

- ***Ulcerative vaginitis associated with staphylococcal toxic shock syndrome***
- ***desquamative inflammatory vaginitis***
- Treatment with 2% clindamycin cream, in combination with topical steroid several weeks.
- ***retained foreign bodies (e.g., tampons)***
- ***cervical caps***
- ***vaginal spermicides***

Other Causes of Vaginal Discharge or Vaginitis

- *vaginal antiseptic preparations or douches*
- *vaginal epithelial atrophy (postmenopausal or prolonged breast-feeding)*
- *allergic reactions to latex condoms*
- *vaginal aphthae associated with HIV infection or Behçet's syndrome*
- *vestibulitis (a poorly understood syndrome).*

***Mucopurulent
Cervicitis***

- ***Mucopurulent cervicitis (MPC) refers to inflammation of the cervix.***
- ***MPC in women represents the "silent partner" of urethritis in men, being equally common and often caused by the same agents (*N. gonorrhoeae*, *C. trachomatis****

Diagnosis

- ✓ *yellow mucopurulent discharge*
cervical os
- ✓ *endocervical bleeding by gentle swabbing,*
- ✓ *edematous cervical ectopy*
- *HSV produces ulcerative lesions on the squamous epithelium of the ectocervix*
- *presence of PMNs (≥ 20 PMNs) on Gram's staining*

Diagnosis

- ***intracellular gram-negative diplococci endocervical mucus is quite specific but $\leq 50\%$ sensitive for gonorrhoea.***
- ***Therefore, specific and sensitive tests for *N. gonorrhoeae* as well as for *C. trachomatis* (e.g., NAATs) are always***
- ***indicated in the evaluation of MPC.***

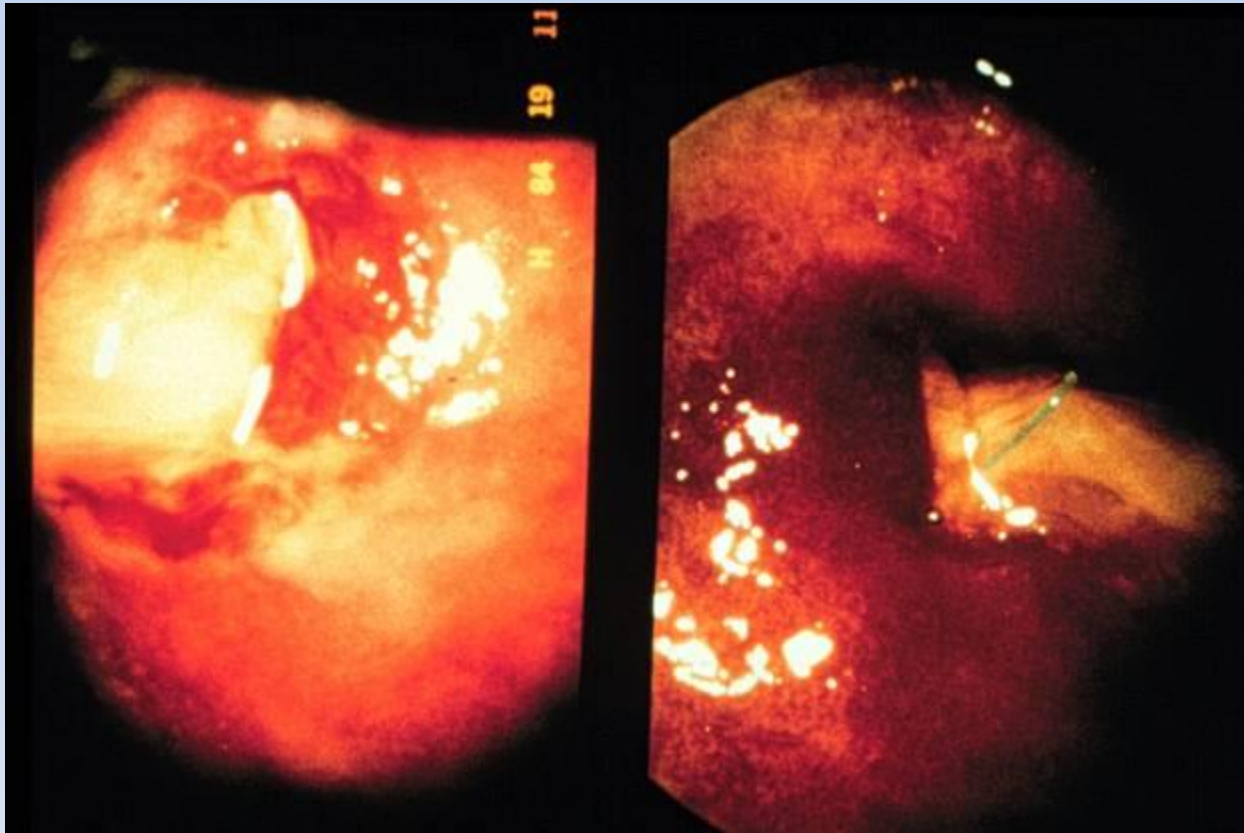
***mucopurulent discharge from
the cervical os***

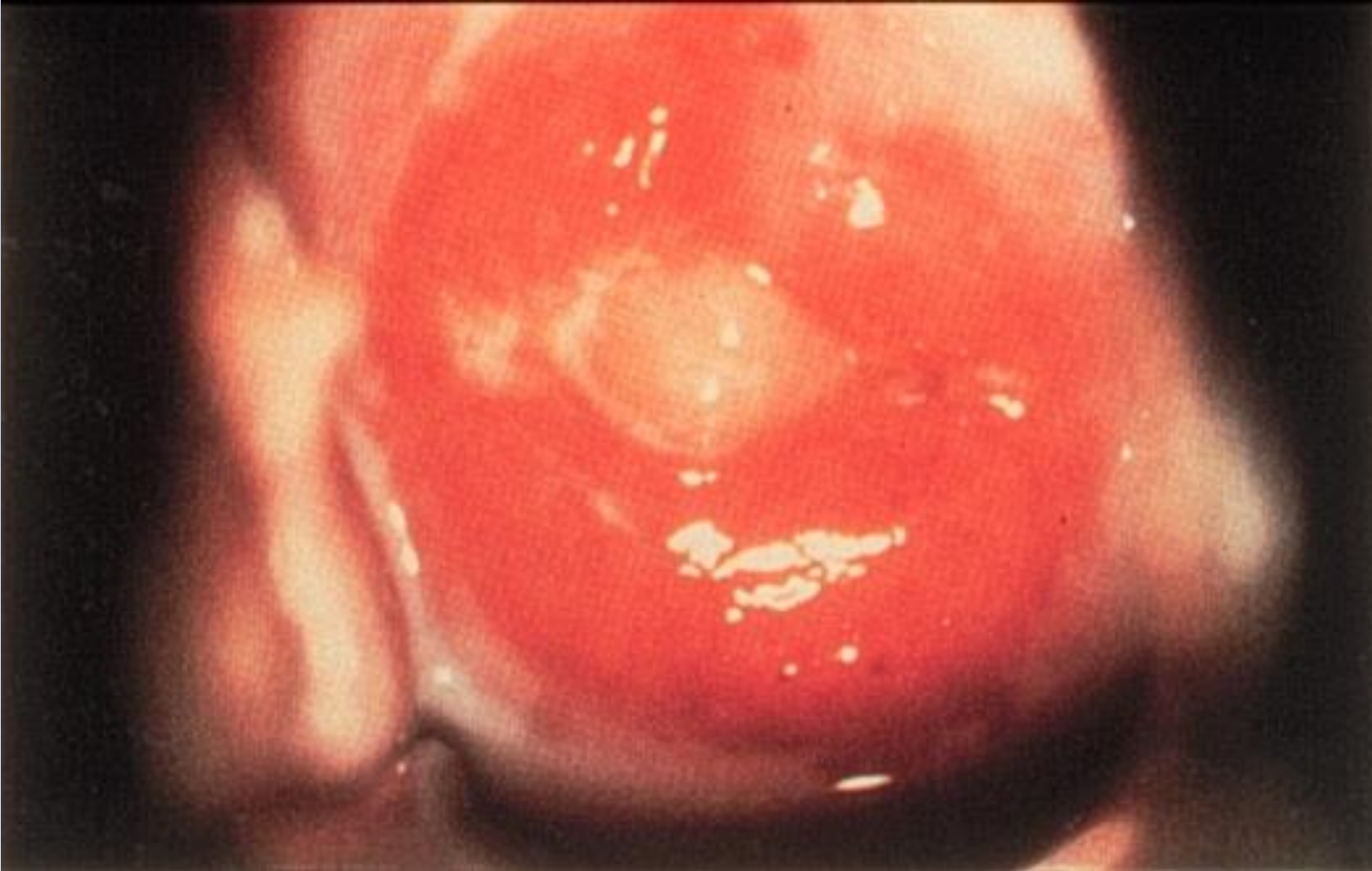


Normal Cervix

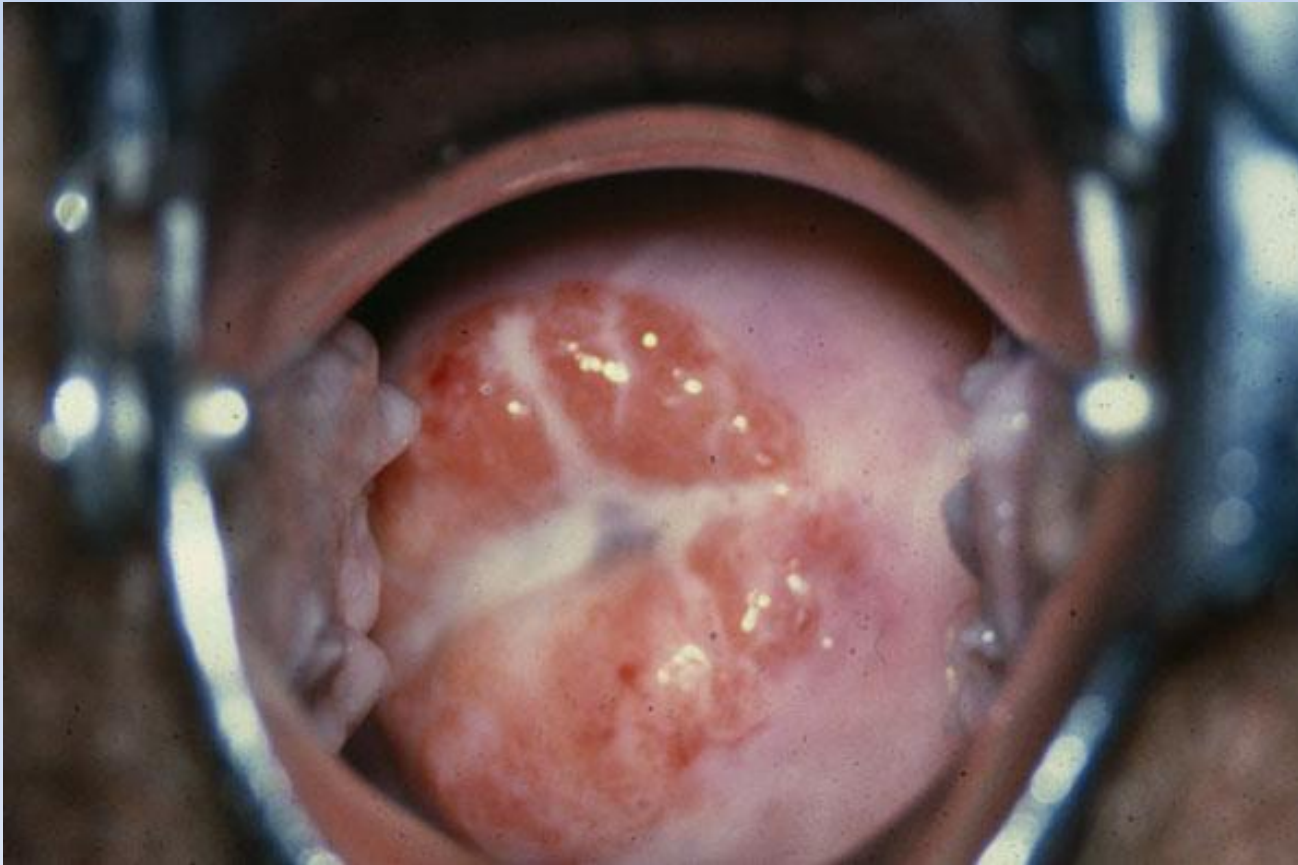


Chlamydia Cervicitis

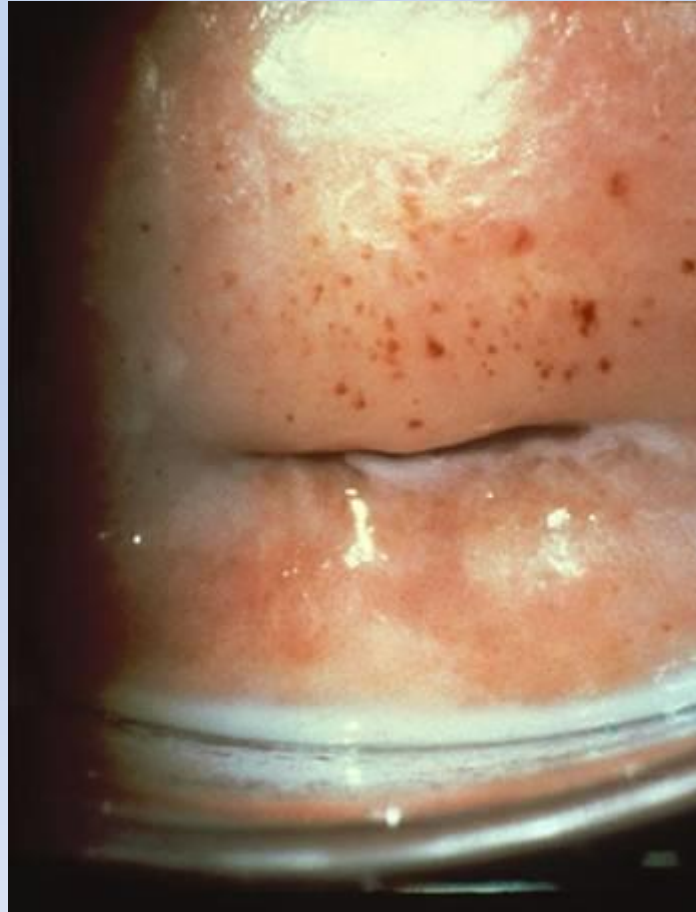




Bacteria: Chlamydia



“Strawberry cervix” due to
T. vaginalis

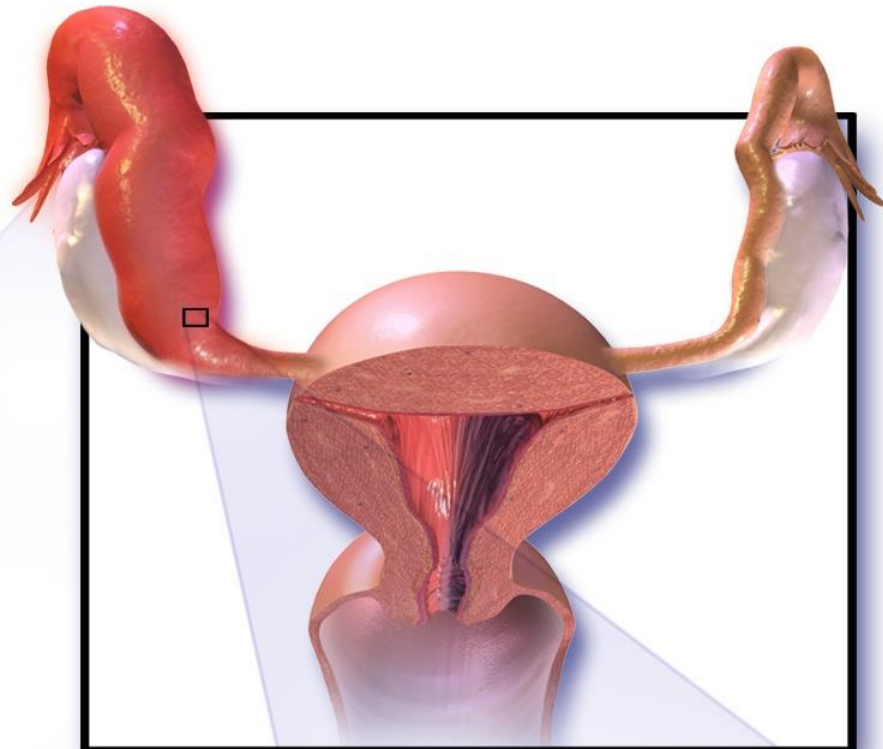
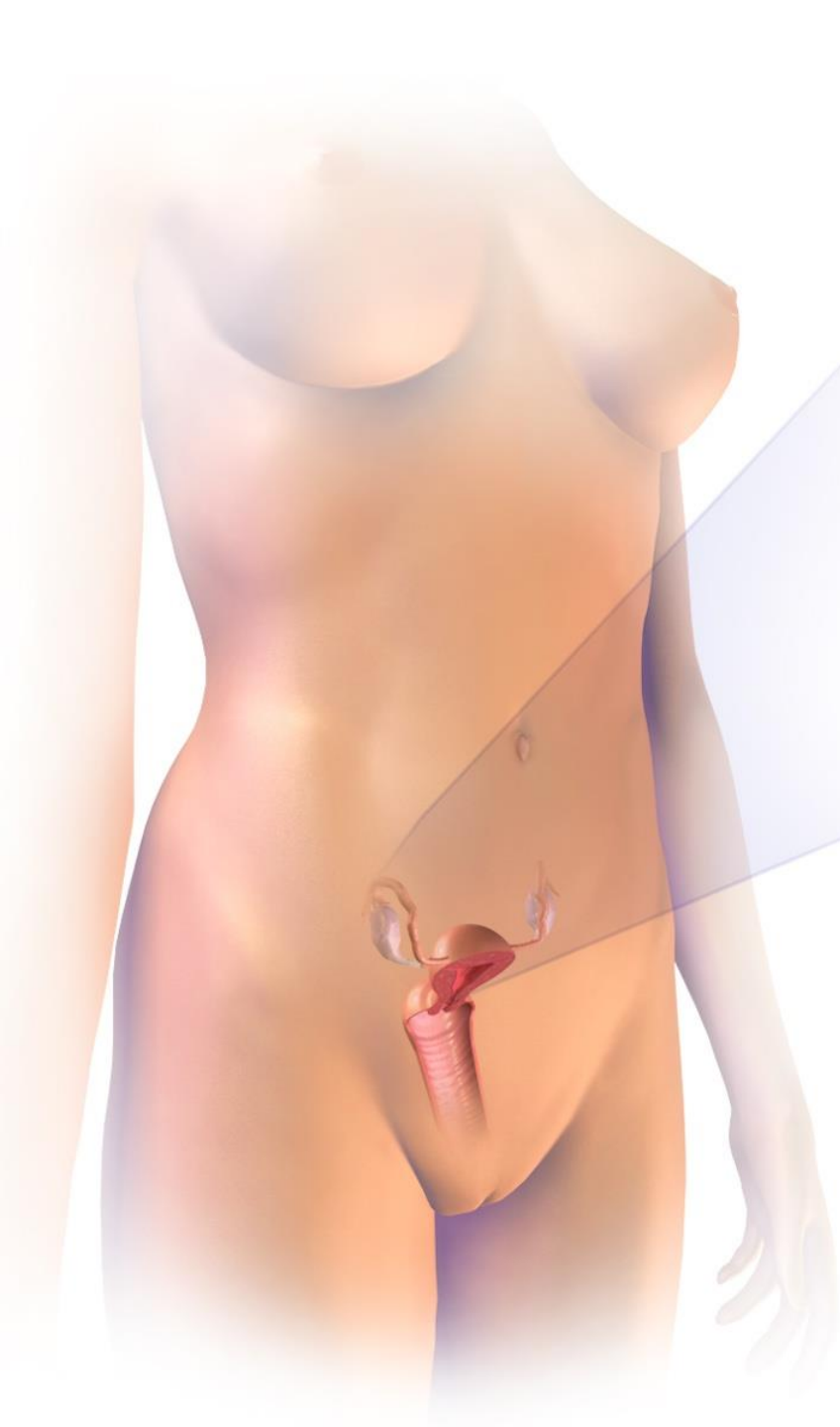


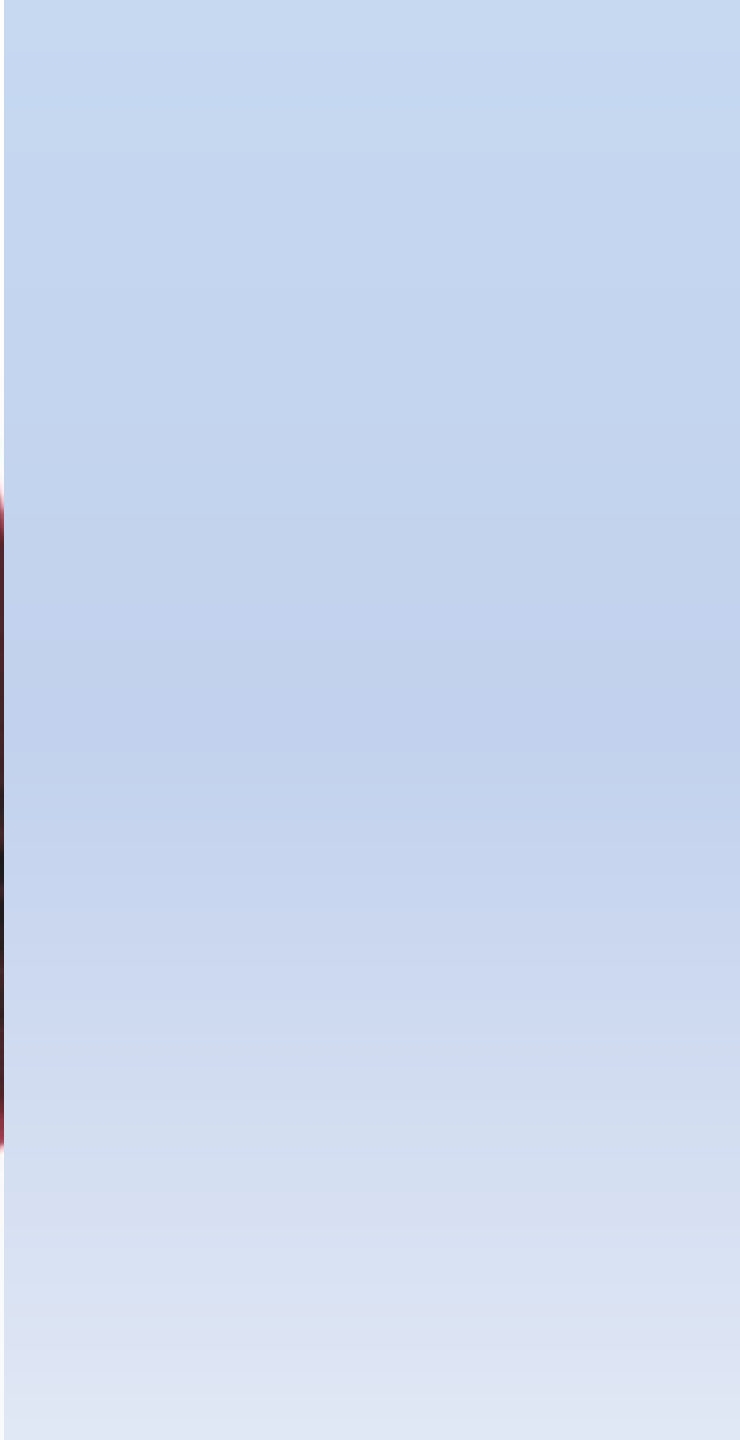
Initial Treatment similar Urethritis

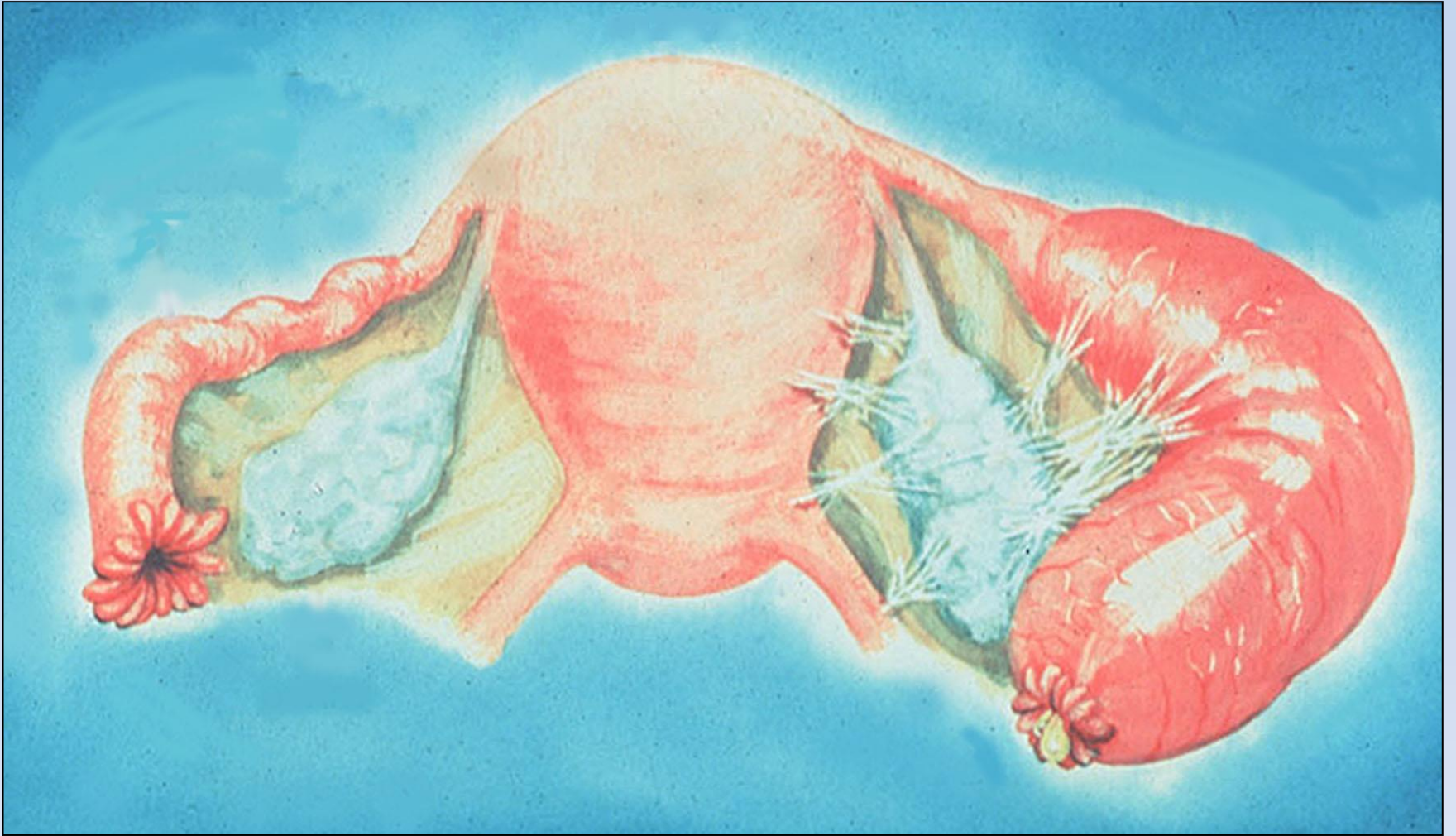
Treat gonorrhea:	plus	Treat chlamydial infection:
<i>Ceftriaxone, 250 mg IM;</i>		<i>Azithromycin, 1 g PO;</i>
		<i>Doxycycline, 100 mg bid for 7 days</i>

- ***With resistance of *M. genitalium* to azithromycin now recognized, **moxifloxacin** may be a reasonable alternative***
- ***The sexual partner(s) of a woman with MPC should be examined and given a regimen similar to that chosen for the woman***

***Pelvic
Inflammatory
Disease***







Intrauterine infection

- ***primary*** (spontaneously occurring and usually sexually transmitted)
- ***secondary*** to invasive intrauterine surgical procedures
 - dilatation and curettage,
 - termination of pregnancy,
 - insertion of an intrauterine device (IUD),
 - hysterosalpingography
 - parturition

Etiology

Primary causes of endocervicitis

- *N. gonorrhoeae*
- *C. trachomatis*

Anaerobic and facultative organisms

- *Prevotella species,*
- *peptostreptococci,*
- *E. coli, Haemophilus influenzae,*
- *group B streptococci*

Symptoms of

- ***N. gonorrhoeae–associated***
- ***C. trachomatis–associated PID***
- ***often begin during or soon after the menstrual period; this timing suggests that menstruation is a risk factor for ascending infection from the cervix and vagina.***

Clinical Manifestations

Endometritis:

- *Midline lower quadrant abdominal rebound tenderness;*
- *fever*
- *elevated C-reactive protein levels*
- *abnormal vaginal bleeding*
- *endometritis alone are at lower risk of subsequent tubal occlusion and resulting infertility than salpingitis.*

Clinical Manifestations

Salpingitis:

- *yellow or malodorous vaginal discharge caused by MPC and/or bacterial vaginosis*
- *bilateral lower abdominal and pelvic pain*
- *adnexal, tenderness*
- *nausea,*
- *vomiting,*
- *increased abdominal tenderness if peritonitis develops*

Tuberculous salpingitis

- ***In older women(postmenopausal)***
- ***abnormal vaginal bleeding***
- ***pain (including dysmenorrhea)***
- ***infertility.***
- ***1/4 had adnexal masses.***
- ***Endometrial biopsy shows tuberculous granulomas***

Perihepatitis

- *Pleuritic upper abdominal pain and tenderness (usually localized to the right upper quadrant)*
- *during or after the onset of symptoms of PID*
- *mistaken diagnosis of cholecystitis*

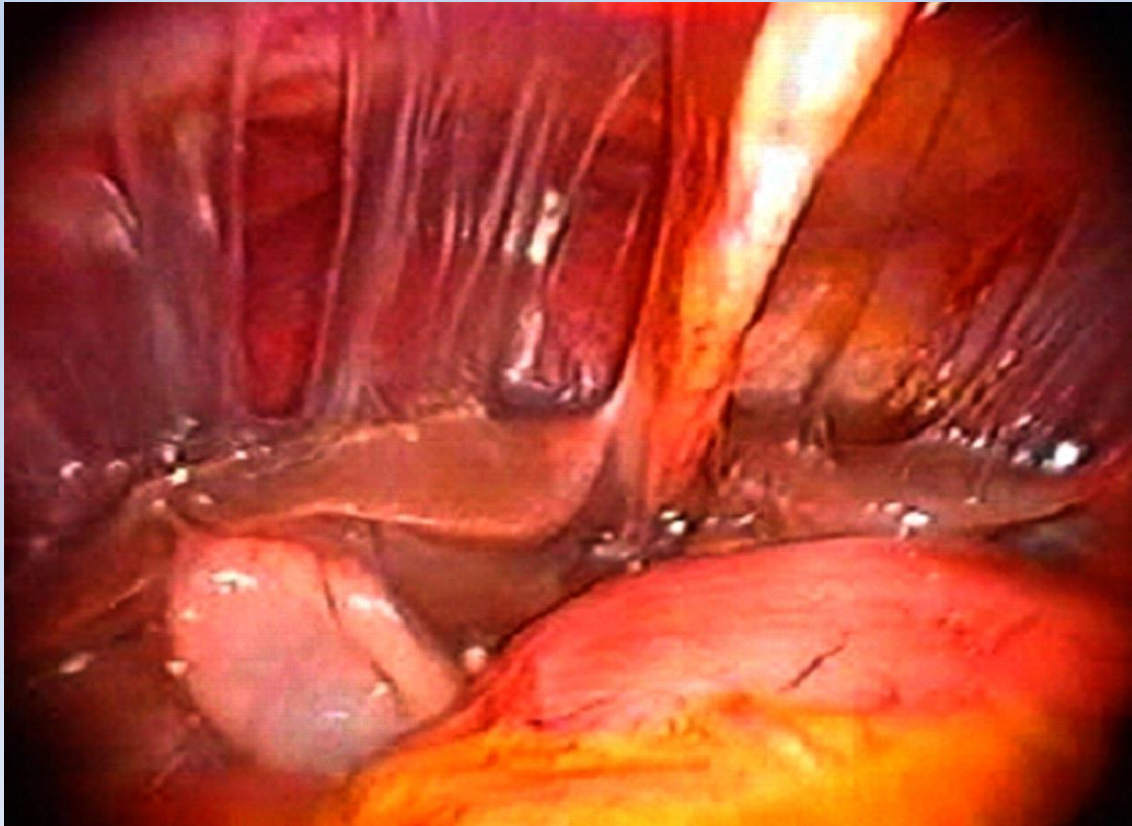
- dense "violin-string" adhesions can be seen over the liver



Fitz-Hugh–Curtis syndrome



Fitz-Hugh –Curtis syndrome, was for many years specifically attributed to **gonococcal** salpingitis, most cases are now attributed to **chlamydial salpingitis**



Physical findings include

- ***right upper quadrant tenderness***
- ***and usually include adnexal tenderness and cervicitis,***
- ***even in patients whose symptoms do not suggest salpingitis.***
- ***Results of **liver function tests** and right upper quadrant **ultrasonography** are nearly always **normal**.***

Diagnosis

- *it is better to overdiagnosis and overtreatment.*
- *On the other hand, it is essential to differentiate between salpingitis and other pelvic pathology, particularly surgical emergencies such as*
- *appendicitis*
- *ectopic pregnancy*

Hospitalization should be considered when

- (1) the **diagnosis is uncertain** and surgical emergencies such as appendicitis and ectopic pregnancy cannot be excluded,
- (2) the patient is **pregnant**,
- (3) pelvic **abscess** is suspected,
- (4) severe illness or **nausea and vomiting**,
- (5) the patient has **HIV** infection,
- (6) the patient is assessed as **unable to follow or tolerate** an outpatient regimen,
- (7) the patient has **failed to respond** to outpatient therapy.

Outpatient Regimens

✓ Regimen A

- **Ofloxacin 400 mg PO bid for 14 days**

or

Levofloxacin 500 mg PO once daily

plus

- **Metronidazole 500 mg PO bid for 14 days**

Outpatient Regimens

Regimen B

- ***Ceftriaxone*** 250 mg IM once
plus
- ***Doxycycline*** 100 mg PO bid for 14 days
plus
- ***Metronidazole*** 500 mg PO bid for 14 days

Parenteral Regimens

- Initiate parenteral therapy with either of the following regimens; continue parenteral therapy until 48 h after clinical improvement; then change to outpatient

Regimen A

- ***Cefotetan 2 g IV q12h***

or

Cefoxitin 2 g IV q6h

plus

- ***Doxycycline 100 mg IV or PO q12h***

Parenteral Regimens

Regimen B

- ***Clindamycin*** 900 mg IV q8h

plus

- ***Gentamicin***, loading dose of 2 mg/kg IV or IM, then maintenance dose of 1.5 mg/kg q8h

Follow-Up

- *Hospitalized patients should show clinical improvement within 3–5 days.*
- *Women treated as outpatients should be clinically reevaluated within 72 h for persistent symptoms, lack of symptoms, or side effects*

Follow-Up

- *Male sex partners should be evaluated and treated empirically for gonorrhea and chlamydial infection.*
- *After completion of treatment if symptoms persist or recur or if the patient has not complied with therapy or has been reexposed to an untreated sex partner.*

Surgery

- *Surgery is necessary for the treatment of salpingitis only in the face of life-threatening infection (such as **rupture or threatened rupture of a tuboovarian abscess**) or for **drainage of an abscess**.*

Late sequelae

- **Late sequelae include**
- ***infertility due to bilateral tubal occlusion,***
- ***ectopic pregnancy due to tubal scarring without occlusion,***
- ***chronic pelvic pain***
- ***recurrent salpingitis***

Ulcerative Genital or Perianal Lesions

Syphilis

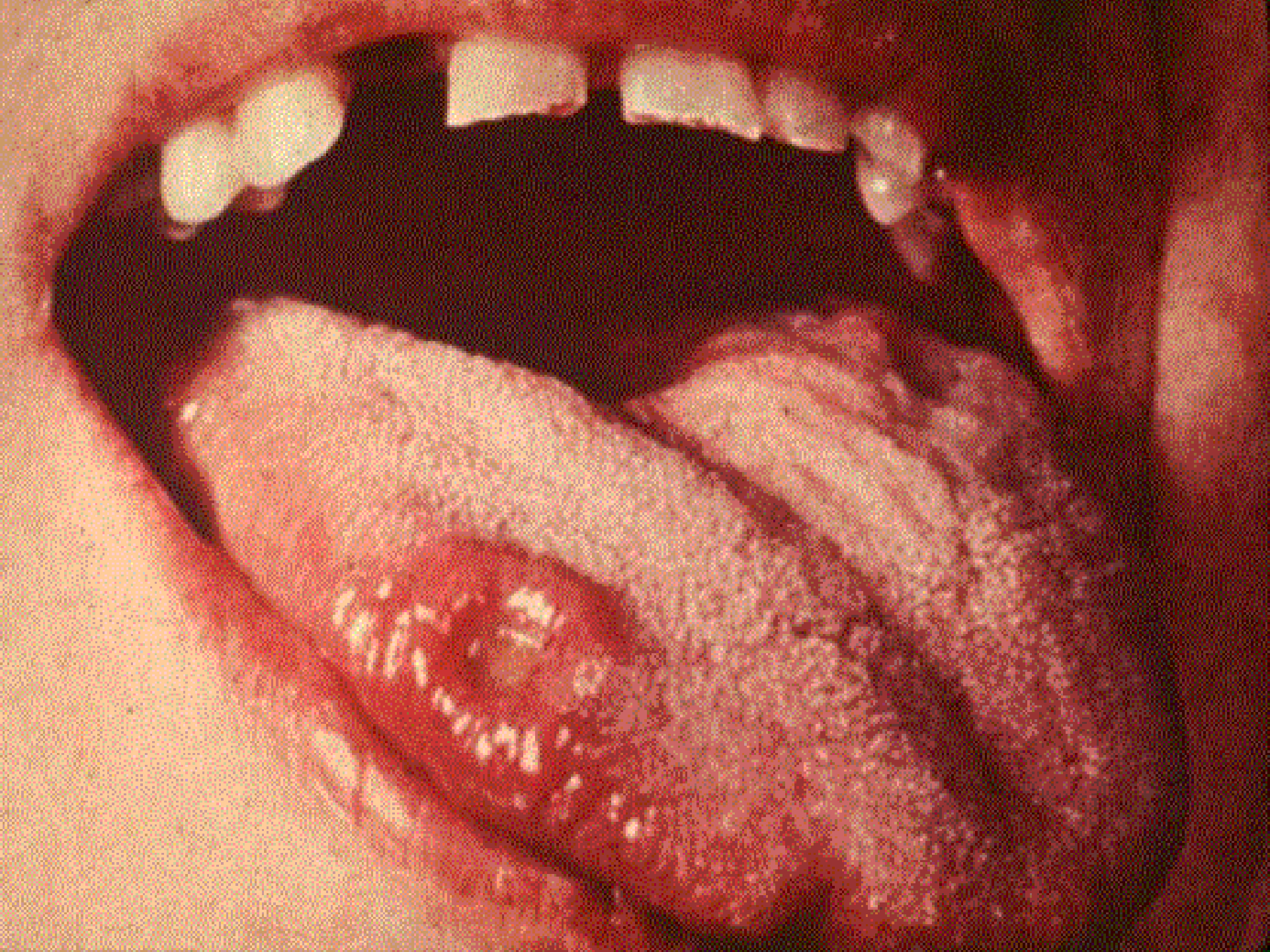
- ***Painless,***
- ***nontender,***
- ***indurated ulcers***
- ***firm, nontender inguinal adenopathy***













<i>Feature</i>	<i>Syphilis</i>
<i>Incubation period</i>	<i>9–90 days</i>
<i>Early primary lesions</i>	<i>Papule</i>
<i>No. of lesions</i>	<i>Usually one</i>
<i>Diameter</i>	<i>5–15 mm</i>
<i>Edges</i>	<i>Sharply demarcated, elevated, round, or oval</i>
<i>Depth</i>	<i>Superficial or deep</i>
<i>Induration</i>	<i>Firm</i>
<i>Pain</i>	<i>Uncommon</i>
<i>Lymphadenopathy</i>	<i>Firm, nontender, bilateral</i>



Syphilis



Secondary Syphilis Rash



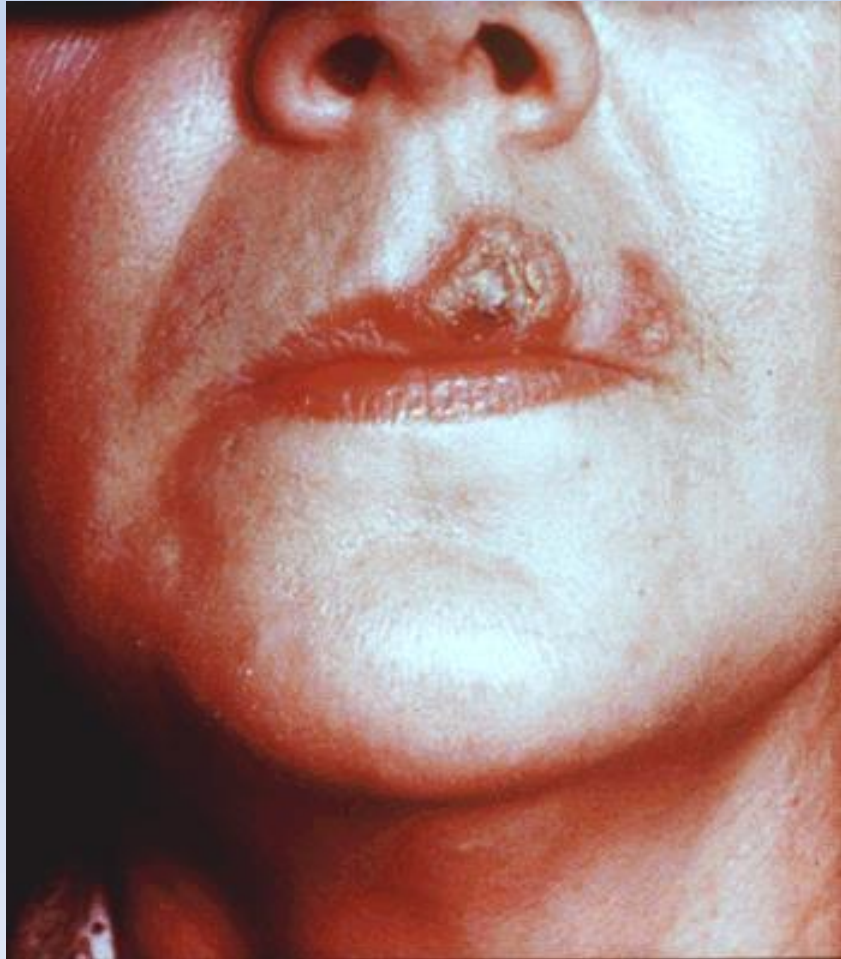
Secondary Syphilis











Syphilis confirmed

- *dark-field,*
- *FA*
- *PCR showing T. pallidum,*
- *RPR reactive FTA.ABS*

Initial Treatment

- ***Benzathine penicillin 2.4 million units IM once to patient,***
partners
- ***recent (e.g., within 3 months) seronegative partner(s),***
- ***all seropositive partners***

Genital herpes

- *Typical vesicles or pustules or a cluster of painful ulcers preceded by vesiculopustular lesions suggests genital herpes*



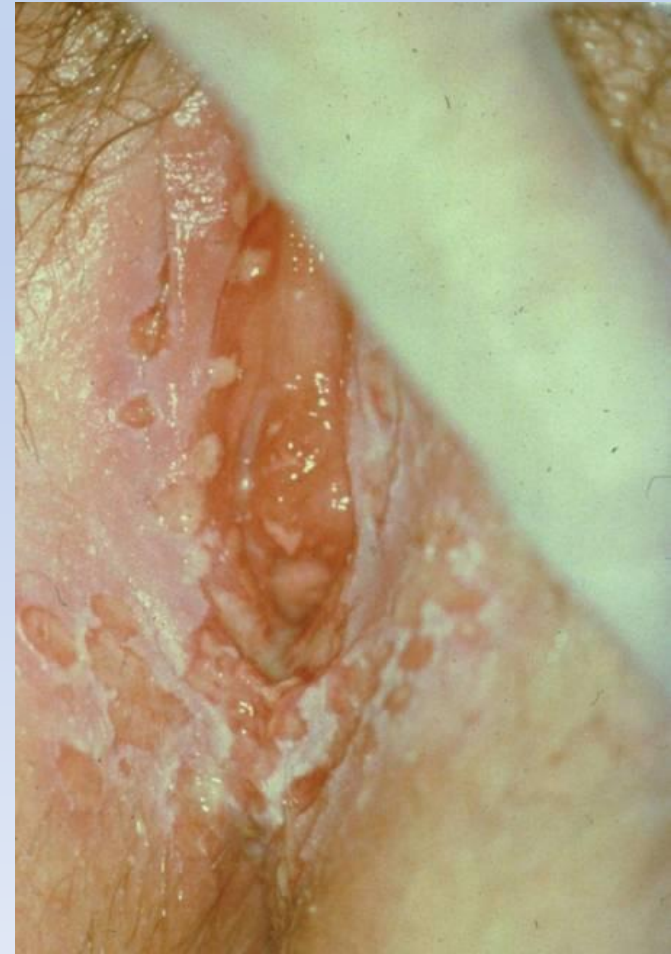








Genital Herpes Simplex in Females





Labial Herpes Simplex











<i>Feature</i>	<i>Herpes</i>
<i>Incubation period</i>	<i>2–7 days</i>
<i>Early primary lesions</i>	<i>Vesicle</i>
<i>No. of lesions</i>	<i>Multiple</i>
<i>Diameter</i>	<i>1–2 mm</i>
<i>Edges</i>	<i>Erythematous</i>
<i>Depth</i>	<i>Superficial</i>
<i>Base</i>	<i>Serous, erythematous, nonvascular</i>
<i>Pain</i>	<i>Frequently tender</i>
<i>Lymphadenopathy</i>	<i>Firm, tender, often bilateral</i>

Diagnosis

- *PCR for HSV*
- *HSV-2-specific serology
(Anti HSV 1 , 2 Ab)*

Initial Treatment

- *Herpes confirmed or suspected (history or sign of vesicles):*
- *Treat for genital herpes with*
- *Acyclovir,*
- *Valacyclovir,*
- *Famciclovir*

Chancroid (Haemophilus ducreyi)

- ***ulcers are painful and purulent,***
- ***inguinal lymphadenopathy with fluctuance overlying erythema***











<i>Feature</i>	<i>Chancroid</i>
<i>Incubation period</i>	<i>1–14 days</i>
<i>Early primary lesions</i>	<i>Pustule</i>
<i>No. of lesions</i>	<i>Usually multiple, may coalesce</i>
<i>Diameter</i>	<i>Variable</i>
<i>Edges</i>	<i>ragged, irregular</i>
<i>Depth</i>	<i>Excavated</i>
<i>Base</i>	<i>Purulent, bleeds easily</i>
<i>Induration</i>	<i>Soft</i>
<i>Pain</i>	<i>Usually very tender</i>
<i>Lymphadenopathy</i>	<i>Tender, may suppurate, loculated, usually unilateral</i>

Diagnosis

- *PCR or culture for H. ducreyi*

Initial Treatment

- ***Chancroid confirmed or suspected
Demonstration of *H. ducreyi* by culture
(or by PCR test, when available)***
- ***Ciprofloxacin 500 mg PO as single dose***
- ***Ceftriaxone 250 mg IM as single dose***
- ***Azithromycin 1 g PO as single dose***

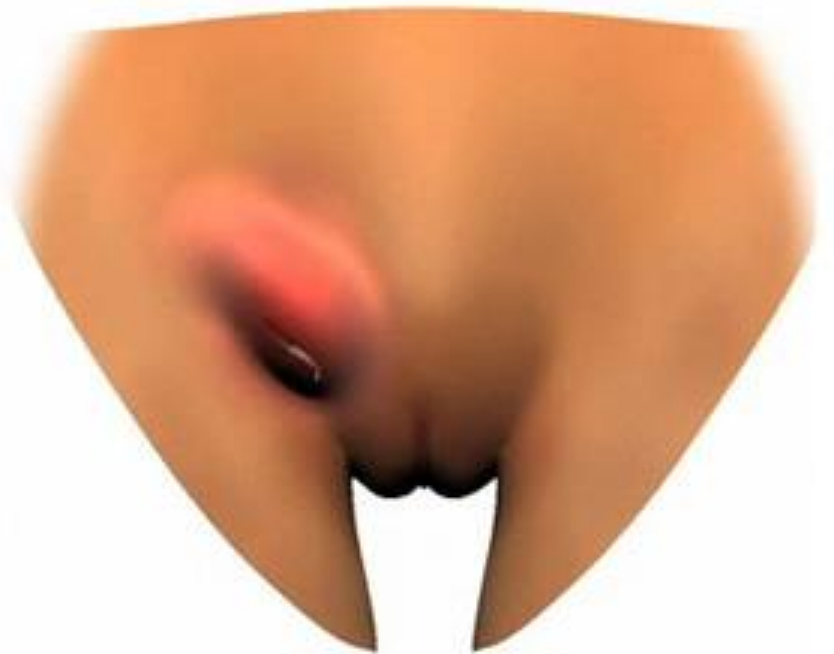
Lymphogranuloma Venereum



PENIS

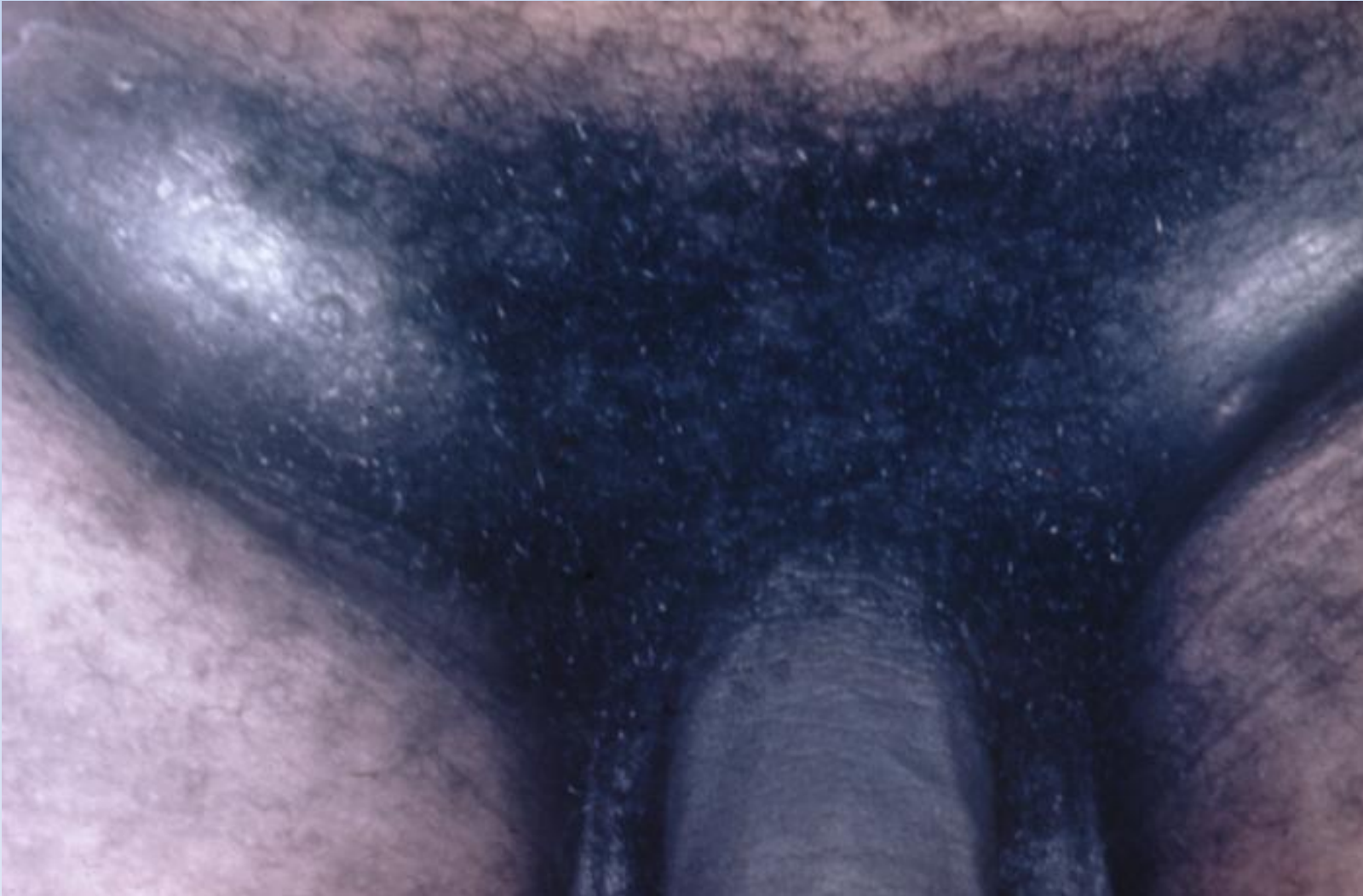


VAGINA





Inguinal Bubo





<i>Feature</i>	<i>Lymphogranuloma Venereum</i>
<i>Incubation period</i>	<i>3 days–6 weeks</i>
<i>Early primary lesions</i>	<i>Papule, pustule, or vesicle</i>
<i>No. of lesions</i>	<i>Usually one; often not detected, despite lymphadenopathy</i>
<i>Diameter</i>	<i>2–10 mm</i>
<i>Edges</i>	<i>Elevated, round, or oval</i>
<i>Depth</i>	<i>Superficial or deep</i>
<i>Base</i>	<i>Variable, nonvascular</i>
<i>Induration</i>	<i>Occasionally firm</i>
<i>Pain</i>	<i>Variable</i>
<i>Lymphadenopathy</i>	<i>Tender, may suppurate, loculated, usually unilateral</i>

Donovanosis
granuloma inguinale
(due to *Klebsiella granulomatis*)



Donovanosis



<i>Feature</i>	<i>Donovanosis</i>
<i>Incubation period</i>	<i>1–4 weeks (up to 6 months)</i>
<i>Early primary lesions</i>	<i>Papule</i>
<i>No. of lesions</i>	<i>Variable</i>
<i>Diameter</i>	<i>Variable</i>
<i>Edges</i>	<i>Elevated, irregular</i>
<i>Depth</i>	<i>Elevated</i>
<i>Base</i>	<i>Red and velvety, bleeds readily</i>
<i>Induration</i>	<i>Firm</i>
<i>Pain</i>	<i>Uncommon</i>
<i>Lymphadenopathy</i>	<i>None; pseudobuboes</i>

Human Papiloma Virus



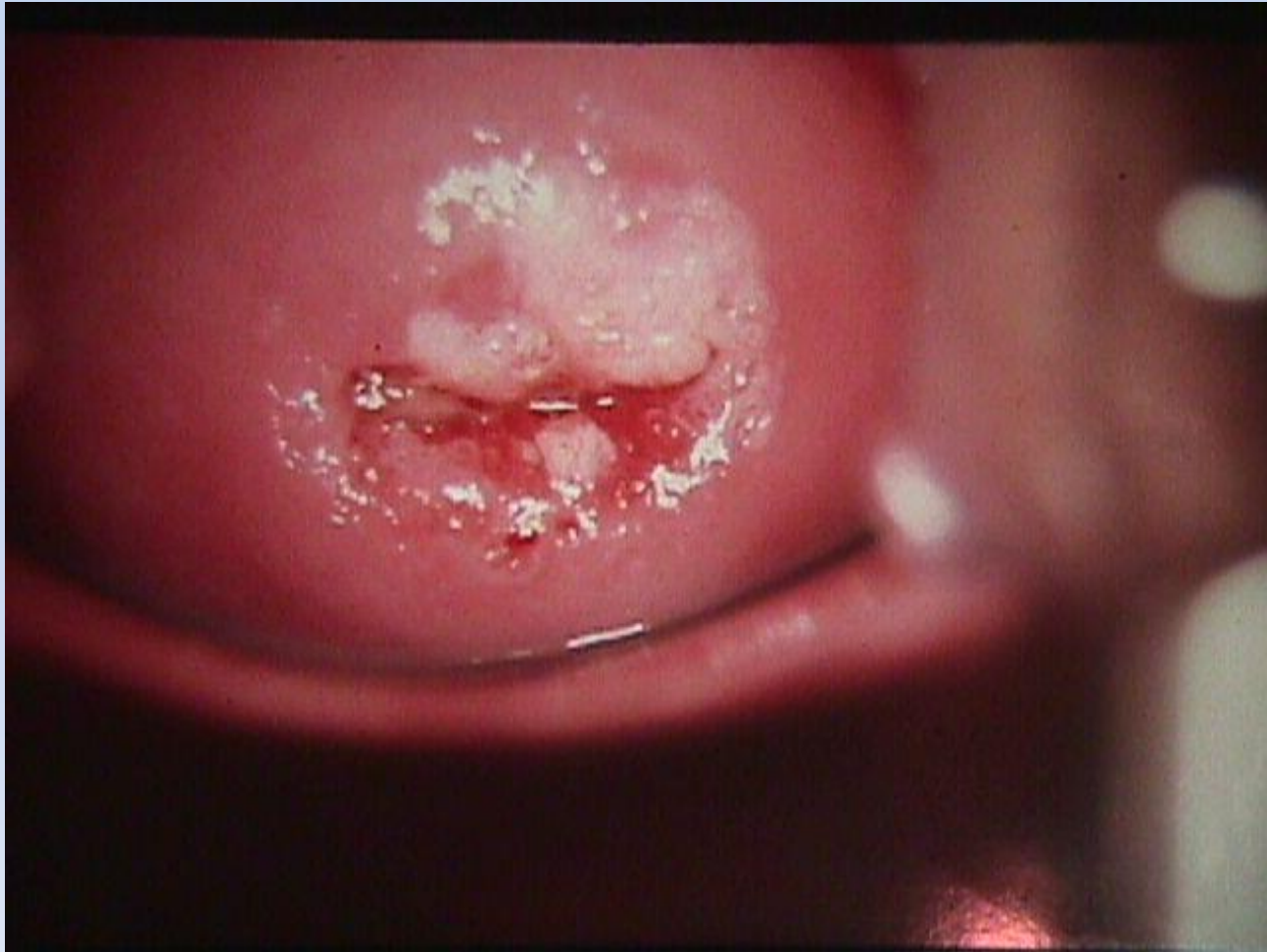




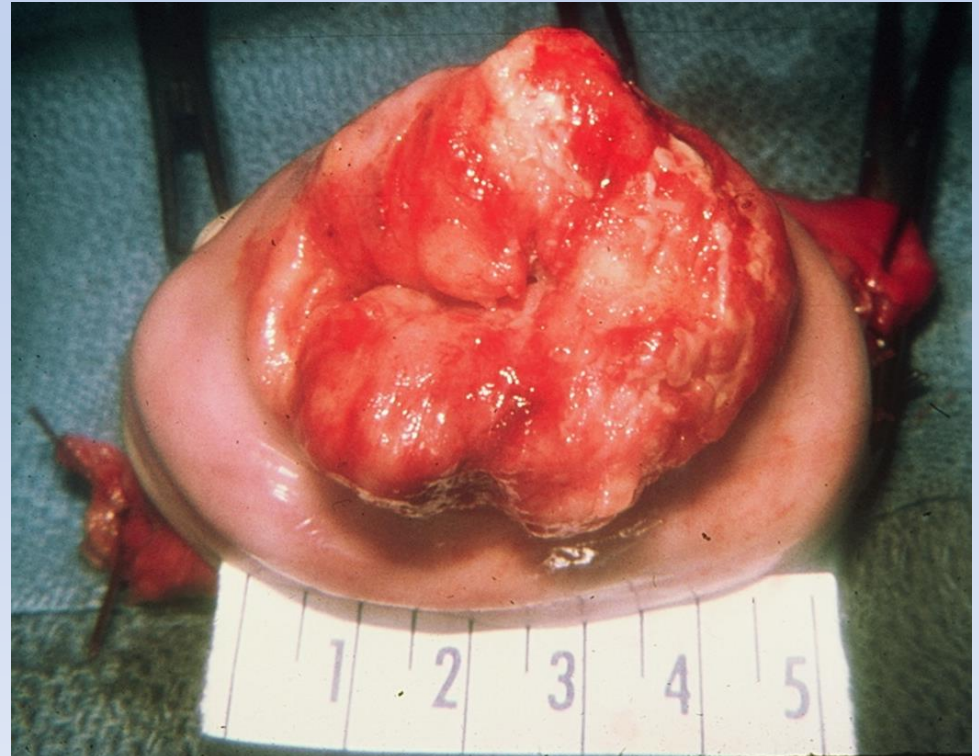
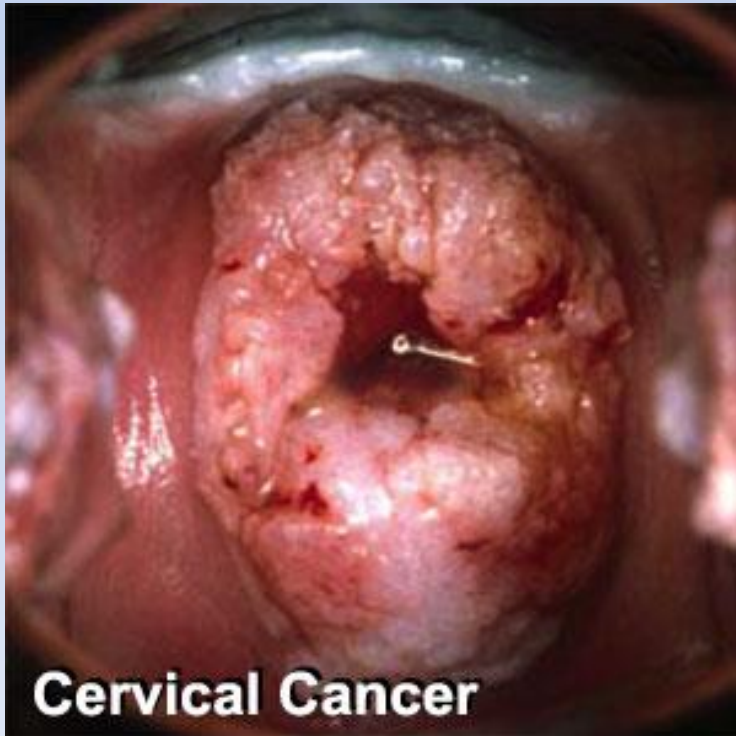
HPV Penile Warts



Cervix with HPV virus

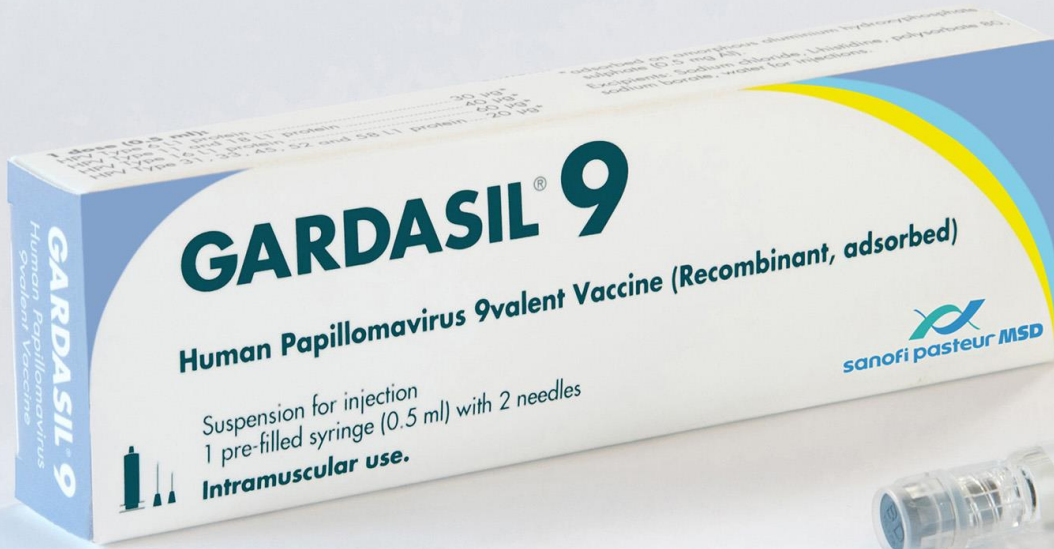


CERVICAL CANCER



- In 2007, routine immunization of 9- to 26-year-old girls and women with the quadrivalent HPV vaccine (against HPV types 6, 11, 16, and 18)
- In 2011, to boys at 11 or 12 years of age and to males 13–21 years of age who have not yet been vaccinated





***Proctitis,
Proctocolitis,
Enterocolitis,
and Enteritis***

- ***Proctitis***: inflammation limited to the rectal mucosa (the distal 10–12 cm)
- ***Proctocolitis***: inflammation extending from the rectum to the colon
- ***Enterocolitis***: involving both the small and the large bowel
- ***enteritis*** : involving the small bowel alone

can result from ingestion of typical intestinal pathogens through oral-anal exposure during sexual contact.

- ***proctitis or proctocolitis :***
 - ***Anorectal pain***
 - ***mucopurulent, bloody rectal discharge***
- ***Proctitis***
 - ***commonly produces tenesmus (, but **not true diarrhea**) and **constipation,*****
- ***proctocolitis and enterocolitis***
 - ***more often cause true diarrhea.***

- ***In all three conditions, anoscopy usually shows***
- ***mucosal exudate***
- ***easily induced mucosal bleeding***



Acquisition of

- ***HSV,***
- ***N. gonorrhoeae***
- ***C. trachomatis (LGV strains)***

***during receptive anorectal intercourse
causes most cases of infectious
proctitis in***

women and homosexual men

- ***Primary and secondary syphilis can also produce anal or anorectal lesions, with or without symptoms***



- Gonococcal or chlamydial **proctitis** involves the most distal rectal mucosa and is clinically **mild**, without systemic manifestations.
- In contrast, primary **proctitis** due to HSV and **proctocolitis** due to the strains of *C. trachomatis* that cause LGV usually produce **severe anorectal pain** and often cause **fever**

enteritis

- **Diarrhea and abdominal cramping pain without anorectal symptoms**
- **In homosexual men without HIV infection, *enteritis* is often attributable to *Giardia lamblia*.**
- **Sexually acquired *proctocolitis* is most often due to *Campylobacter* or *Shigella* spp.**

Treatment

Patients with proctitis should receive empirical syndromic treatment

- ***ceftriaxone*** (a single IM dose of 250 mg for gonorrhea)
- ***plus Doxycycline*** (100 mg PO twice daily for 7 days for possible chlamydial infection)
- ***plus treatment for herpes or syphilis if indicated***

Treatment

If LGV proctitis is proven or suspected, the recommended treatment is

- *Doxycycline (100 mg by mouth twice daily for 21 days);*
- *alternatively, 1 g of azithromycin once a week for 3 weeks*

